Presented by Nutaofit Teate Academy & Life Balance Starts Here

Novice, Apprentice, Journeyman

Teate Courses

Get 2 certificates at once - Teate & Reiki

Take charge of your Health & Wellbeing now!

Self Healing, Meditation, Relaxation, Energy

Highlights from the course include:

NOVICE COURSE

POSITIVE MINDSET
Take charge of your mind and your life
Learn the difference between will power & mindset

ENERGY & BALANCE
Energy levels, self balance & balance others
Quick energy boosts

REIKI HEALING
Reiki story, self healing & healing others

YOUR CHAKRAS
7 Chakras, hand mudras & meridians

ACCUPRESSURE
Discover the secrets of the "10 Master Points" to health & wellbeing

MEDITATION
Let go of your stress, tension and anxiety through grounding & breathing
Discover the simple solution to the meditation struggle.

Take charge of your Health, Wellbeing..have more Energy & Balance in your Life...
Take the next step..and expereince the benefits of greater clarity, calmness & enjoyment!

NOVICE **TEATE Courses are FUN, SIMPLE & EASY to learn...BOOK NOW!** NOVICE

Sunday 18th & 25th July 2010, 9.00am - 4.00pm 769 Centre Road, East Bentleigh, Vic. 3165

Teate NOVICE & Reiki I Course...Get 2 Certificates at once!

Teate courses give you two (2) certificates in one, at the successful completion of the course students receive Certificates in Reiki and Teate through Nutaofit Teate Acadmey. Three (3) levels are available to students, i.e.

i) Novice - Level 1 or beginners course for those who are starting out and what to know more and take control of their health and wellbeing; as well as experience the benefits of better health, increased energy, greater clarity, increased clamness and enjoyment.

Some of the modules covered during the course are:

- History of Teate
- Energy introduction and drills
- Breathing miracle
- Healing sounds and 7 chakra activiation sounds
- Energy and balancing
- Accupressure introduciton
- Reiki history and self healing
- and much more....

Teate & Reiki Masters
Paul Mracek &
Geoff Hutchinson

ii) Apprentice - Level 2 or intermediate course continues on from Novice and takes you into greater knowledge and understandng that increases your energy further, provides greater body and energy balance to clear blockages and attract what you deserve in your life.

iii) Journeyman - Level 3 or advanced course builds on Apprentice and takes your healing, relaxation, meditation and energy levels higher. You will learn how to help others with advanced Reiki skills and much, much more...that you have to experience to believe.

CONTACT info@lifebalancestartshere.com for more details - APPRENTICE (Level II) & JOURNEYMAN (Level III)

Booking is essential to confirm your spot in these sought after courses. What to wear on the day - Comfortable clothes, e.g. tracksuit or similar and slip on footwear. What to bring - A fun attitude and an open mind so that you get the most out of the sessions.

Life Balance Starts Here: www.**LIFEBALANCESTARTSHERE**.com

BOOK NOW to make sure you don't miss out on the next Novice course.**Price $295...Value = "Priceless" to take charge of your life!**

BOOKING FORM

Name_____ Address_____ State_____ P'code_____

Phone_____ Fax_____ Email_____ Payment Method :VISA ☐ MASTERCARD ☐ CHEQUE ☐ CASH ☐

Credit Card Number ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Expiry Date ☐☐☐☐ **PRICE: $295**

Signature_____ Date_____

By signing above, I authorize Kotan Australia to process my credit card in accordance with the Cardholder Agreement. I understand that I have 7 days from the date that I signed this form to ask for a refund, prior to the start / completion of the service or product provided. After this period I understand that I cannot receive a refund.

Call (03) 9532-5476 to book today or complete your registration and return via fax, email or mail.
769 Centre Road, East Bentleigh, 3165, Email : info@lifebalancestartshere.com
www.LIFEBALANCESTARTSHERE.com